

## Drinks

Espresso	2.50
Americano	3.00
Flat White	3.20
Cappuccino	3.50
Latte	3.50
Breakfast Tea	2.50
Herbal Tea	2.50
Hot Chocolate	3.50
Kombucha	3.00
CBD Trip	3.00
Water	1.50
Fruit Juice	2.00
Turmeric Shot	3.00
Syrup	0.50

\*Alternative milk; oat, soya, almond, coconut milk

## Superfood Lattes

### Beetroot 4.00

A blend of beetroot, coconut and mixed spices.

Beetroot is rich in antioxidants and high in immune boosting vitamin C and contains compounds that can also help to reduce blood pressure...making this one super amazing drink!

### Turmeric 4.00

A blend of turmeric and mixed spices. Turmeric is recognised for its powerful anti-inflammatory, antibacterial and antioxidant properties.

Aromatic cinnamon adds a warming flavour as well as its own health benefits.

### Raw Cacao 4.00

A blend of cacao and coconut. Raw cacao contains amazing antioxidants and serotonin which acts natural mood enhancer. Supercharge your hot chocolate with this natural nutrient rich superfood.

### Matcha 4.50

A blend of pure matcha tea and coconut milk.

One of the main health benefits of Match tea is that it delivers a mega dose of antioxidants in every sip. According to the latest scientific research Matcha contains more antioxidants than any superfood on the planet.

## Fresh Juices & Smoothies

### Supergreen Juice 4.44

Apple juice, pineapple, spinach, cucumber,  
celery, fresh mint

### Vitamin C Booster Juice 4.44

Orange juice, carrot, turmeric, ginger

### Kalm Smoothie 4.44

Coconut milk, pineapple, banana

### Tropical Twist 4.44

Coconut milk, pineapple, banana chunks & Agave drizzle

### Dreamy Days 4.44

Soya milk mixed berries, pink pitaya powder & Agave drizzle

### Acai Berry Blast 4.44

Oat milk, mixed berries & acai powder

### Mango Cooler 4.44

Pineapple juice & mango on ice

Add your favourite superfood powder for just 1.00  
spirulina, pink piñata, açai berry, matcha, protein powder

## Kalm Bowls

### Very Berry 7.77

Açai powder blended with frozen berries, banana & maple syrup topped with seasonal fruit, chai seeds, granola, peanut butter, chocolate sauce & desiccated coconut.

### Tropical Fruit (VE) 7.77

Blended mango, papaya fruit, dried mango, coconut curls, chia seeds, banana chips & physalis.

### Pink Dragon (V, VE) 7.77

Blended freeze dried pink dragon fruit.  
Served with Greek yogurt, seasonal fresh fruit, granola, maple syrup & topped with passion fruit

### Very Cherry (VE) 7.77

Acerola powder blended with frozen cherries & mixed berries, banana & agave syrup. Topped with cherries almond flakes, granola, desiccated coconut & cacao nibs.

### Dark Forest Protein 8.88

Frozen blueberries & blackberries blended with banana, 23g of vegan protein & agave syrup. Topped with granola & fresh fruit.

### The Nutter 7.00

A delicious smoothie bowl topped with crunchy granola, banana, peanut butter & chocolate nibs.

## Oats So Good

### Fruity Porridge (V,VE) 5.55

Creamy porridge made with milk of your choice.  
Served with fresh fruit, chia seeds & agave syrup.

### The Nutty One Protein Porridge (V, VE) 8.88

Creamy porridge made with milk of your choice, 23g added chocolate peanut protein. Topped with sliced banana, mixed chopped nuts, dark chocolate chips and a small drizzle of chocolate sauce.

### Overnight Oats 4.44

Overnight oats made oat milk with Greek yogurt agave syrup, chia seed and delicious oats topped with granola and fruit

## Pancakes

### Protein Pancakes 6.50

A stack of delicious homemade pancakes topped with seasonal fruits & agave syrup

## Food

All 7.77

### Philly Pesto (V)

Toasted rye bloomer slices, smothered in cream cheese, pesto, sun-dried tomatoes, red amaranth and balsamic glaze.

### Bangin' Bagel (VE)

A toasted bagel with smashed avocado, oven roasted peppers, onions, rocket, red amaranth & sweet chilli jam.

### The Naughty One

Peanut butter & banana on sough-dough toast

### The Healthy One

Crushed avocado, sun-dried tomatoes & feta, with a balsamic glaze

### Humm (VE)

Toasted rye bloomer loaded with humous, rocket, pickled red onions, peppers, vegan feta, rocket, red amaranth & sweet chilli jam

### Falafel & Slaw Wrap (V)

Homemade falafel tortilla wrap with chipotle slaw & chilli jam served with chilli rice cakes

## Snack Pots

Fresh Fruit 2.22

Hummus & Veg 3.33

Overnight Oats 4.44

Granola & Protein Yogurt 4.44